Dear Friends of Weber,

Blessings on this year ahead! While we continue to operate under the shadow of the COVID-19 pandemic, we continue to hope for in-person gatherings and are grateful to be able to connect with you virtually. Our grounds are open to visitors, so you are welcome to come and walk the labyrinth. INAI Gallery’s exhibit of Cuadros and our book and gift shop are also open to the public, with the understanding all visitors will be screened and must wear a mask while inside the buildings.

I hope you find something in this Program Guide that will inspire you, whether it’s an armchair visit to Ireland, a Day of Mindfulness, or the Holy Week Retreat.

We remain together in spirit and we look forward to seeing you soon.

Janet Doyle, OP
Director of Weber Retreat and Conference Center

INAI GALLERY PRESENTS

ON EXHIBIT THROUGH FEBRUARY 27, 2022

INAI Gallery Hours: 9:30a.m. - 4:00 p.m. daily or by appointment | (313) 608-9181
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## Program Registration

Visit [www.webercenter.org](http://www.webercenter.org) and click on “Programs.” Find the program you’re registering for and click on the blue “Register” button in the bottom right corner. Enter all information and then click “Add to Cart” to proceed to payment.

517-266-4000 | webercenter@adriandominicans.org
Learn & Lunch Series

THINGS I LEARNED ABOUT PRISONS
TUESDAY, JANUARY 11, 2022
1:15 P.M. - 2:00 P.M.

Acknowledging that prisons are a significant economic and cultural reality for people living in and around Adrian, Susan Van Baalen, OP, shares her prison learnings about people and systems based on her own experiences while ministering in jails and prisons for 28 years.

*A live stream gathering.*

Public live stream: https://webercenter.org/learn
Sisters and Associates: Adrian Dominican Sisters community website live stream and Campus Channel 123.

EATING FROM THE GROUND UP!
TUESDAY, MARCH 15, 2022
12:15 P.M. – 1:00 P.M.

April Amo shares her personal journey into a whole food plant-based lifestyle and the positive benefits on her health. Do you remember the phrase, “You are what you eat?’ While we are certainly more than the foods we eat, science demonstrates that what we eat affects us. Making a choice of which foods to put on our plates and which to avoid, gives us the power to take control of our own health. A tasting menu with a variety of the foods in this lifestyle will be provided.

*In-person* at Weber Center’s Common Room.

All guests will be screened for COVID-19 and are required to wear masks when not eating.

A VIRTUAL TOUR OF MOTHERHOUSE CAMPUS ART
TUESDAY, FEBRUARY 8, 2022
1:15 P.M. – 2:00 P.M. EST

Relax and take a virtual tour featuring the artwork on the Adrian Dominican Sisters Motherhouse Campus. Sue Schreiber, OP, leads the group in this exploration spotlighting paintings, photographs, textiles, and more created by Sisters and Associates. This is a tour you don’t want to miss!

*A live stream gathering.*

Public live stream: https://webercenter.org/learn
Sisters and Associates: Adrian Dominican Sisters community website live stream and Campus Channel 123.

GROWING GREAT VEGETABLES
TUESDAY, APRIL 5, 2022
12:15 P.M. - 1:00 P.M.

Have you wanted to try your hand at growing a vegetable garden? Looking for some tips on growing healthy vegetables and herbs? Join Jared Aslakson, Permaculture Specialist for the Adrian Dominican Sisters, as he shares everything you want to know about planting and harvesting a variety of vegetables.

*In-person* at Weber Center’s Common Room.

All guests will be screened for COVID-19 and are required to wear masks when not eating.
Both St. Thomas Aquinas and St. Catherine of Siena wrote extensively on virtue. Pope Francis emphasized the need for virtue in his letter, “Rejoice and Be Glad.” We will explore their insights and discover how to internalize these virtues in our life journeys. We will also listen to their wisdom and ponder their words as we discern our role in this world with its challenges and opportunities.

Geneal Kramer, OP, a Dominican Sister of Adrian, has come to Adrian from New Mexico after years of pastoral ministry and teaching. She offers directed retreats and spiritual direction and is a former professor of practical theology for St. Norbert College and Mt. St. Mary Seminary, Cincinnati, Ohio. She ministered at Lumka Institute in South Africa forming lay ministers and was affiliated with the Canossian Spirituality Center in Albuquerque as a spiritual director and presenter for its sabbatical program.

Cost: Free; donations appreciated.
Public live stream: https://webercenter.org/justice
Sisters and Associates: Live streamed on community website and broadcast on Campus Channel 123
Registration not required.
Join our mindfulness community as we deepen our understanding and commitment to daily meditation practice. Reflecting upon our relationships with honesty and courage, we amplify our capacity to be love within family, neighborhood, city, and world.

**JANUARY 8, 2022**
**COME & SEE, TAKE A FRESH LOOK**
*Zoom Presentation*
We come to the New Year with fresh enthusiasm to embrace the truth of who we are and becoming. Our meditation practice can open us to see clearly our bodies, our hearts, our minds and our whole world. We practice to develop a wise and compassionate way to relate to the suffering and beauty of it all.

**FEBRUARY 12, 2022**
**AMP UP YOUR HAPPINESS**
*Zoom Presentation*
The Buddha taught us to cultivate skillfulness in our understanding, thinking, speech, action livelihood, effort, mindfulness and concentration. We pause and look more deeply at the first three steps. With Skillful Understanding we seek a deeper knowing; Skillful Thought, we intuitively know our thoughts that cause pain and those that evoke loving kindness. We practice Skillful Speech and consider our habits and tones of speaking that enhance life and those that diminish life.

**MARCH 12, 2022**
**LIFE ITSELF ORIENTS TOWARD HAPPINESS**
*In Person*
We turn again to the Eightfold path and the next three steps. We practice Skillful Action, not because of rules but because we wish to live moral lives. With Skillful Livelihood, we choose ethical work and conduct ourselves with honesty and integrity. Skillful Effort calls us to be aware of negative attitudes and to cultivate wholesome thoughts and more friendly and open-hearted behaviors.
APRIL 9, 2022
IF ONLY …. I’D BE HAPPY!

In Person
Each step on the path to happiness invites us to look at ourselves and not get lost in accumulating more and more information. A skillful mind is uncluttered, precise, sees through our negative thought patterns and behavior and guides us into inner seeing with wisdom and kindness. Skillful concentration is very wholesome, one-pointed and free of signs of worry, restlessness, boredom, drowsiness and dullness.

Esther Kennedy, OP, a Dominican Sister of Adrian, Michigan, is a retreat leader and spiritual director. She conducts a monthly Day of Mindfulness at Weber Center.

Cost: $25/session
Registration required.
All guests will be screened for COVID-19 and required to wear masks when not eating.

Spring Equinox
SUNDAY, MARCH 20, 2022
3:30 - 4:30PM

In Person

Spring work is going on with joyful enthusiasm.
– JOHN MUIR

Hello Spring! There, just beyond our seeing eyes, creepy crawly peeks out, robin pokes in the soil, and bear stirs in the den. We humans, at least here in the Northern Hemisphere, say goodbye to winter and note that spring is on the wing. We gather to celebrate Mother Earth, to grow our courage and commitment to life for all beings who call this planet Home. If you have a poem, a song, a gift for the sacred space, or a funny story: bring it along and come as you are ~ A blessing!

Registration not required.
This program is offered as an opportunity to reach out and recognize the common roots of the three Abrahamic religions: Judaism, Islam and Christianity. The program will introduce the theology, Scriptures, and rituals of Jewish household observances. The first presentation reviews Sabbath observances and the lesser Jewish festivals of Hannukah and Purim. The subsequent presentations provide examination of three Jewish festivals celebrated each fall: Rosh Hoshana, Yom Kippur and Sukkot. The study concludes with the spring observances of Passover, or Pesach, and Shavuot.

Susan Van Baalen, OP, is an Adrian Dominican Sister. For many years, she worked in an environment that required her to explore the depth and breadth of world religions. In doing so, she recognized the universality of beliefs and the diverse expressions of faith shared by members of the three Abrahamic religions. She holds a doctoral degree from Georgetown University, and theology and ministry pontifical degrees from Loyola University, Jesuit School of Theology in Chicago. She has taught graduate and undergraduate courses in World Religions, and lectured internationally.

Cost: In-person: $25 for the series; refreshments will be served.  
Online: $15; register for live stream link

Sisters and Associates: Live streamed on community website and broadcast on Campus Channel 123.

Registration required.  
All guests will be screened for COVID-19 and required to wear masks when not eating.
AN ARMCHAIR VISIT TO IRELAND

WEDNESDAY, MARCH 16, 2022
7:00 - 8:30 P.M.
This event is available in person and online.

Julie Barst, Associate Professor of English at Siena Heights University, shares stories, sites, music, and a bit of blarney to get us in the mood for St. Patrick’s Day.

Cost: Free; donations appreciated.
Public link: https://webercenter.org/ireland
Sisters and Associates: Live streamed on community website and broadcast on Campus Channel 123.

Registration not required.
All guests will be screened for COVID-19 and required to wear masks when not eating.

NOT A STRAIGHT LINE:
Anyone Can Learn to Draw

THURSDAYS, MARCH 24 & 31, 2022
1:30 P.M.- 3:00 P.M.
This event is a Zoom presentation.

Preschool child: “I’m going to write me a house and draw my name.”

Adult: “I can’t draw a straight line.” Listen to the wisdom of the child. If you can write your name in cursive, you can draw! Learn from the child’s wisdom in two drawing sessions. All you need is a pencil or pen and some blank paper.

Judith Engel is an Associate of the Adrian Dominican Sisters. She taught art from preschool to graduate school and continues to work in drawing, mixed media, and watercolors.

Cost: $25 | Registration required for Zoom link.
THE PATH NOT TAKEN:

Holy Week Retreat

SUNDAY, APRIL 10, 2022, 6:30 P.M. - THURSDAY, APRIL 14, 2022, 11:30 A.M.

Guided by Jude Siciliano, OP, and Patricia Bruno, OP, participants walk the days of Holy Week with time for listening, reflection, and sacred sharing.

Jude Siciliano, OP, is a member of the Southern Dominican Province, and lives with a community of Dominican preachers in Irving, Texas. Jude preaches parish retreats and gives preaching workshops to lay and ordained preachers.

Patricia Bruno, OP, is a Dominican Sister of San Rafael, California. She is the Promoter of Preaching for the Dominicans in the Western Region of the U.S. and has been a member of the board for the Academy of Preachers. Patricia is involved in many justice issues, especially in the area of economic justice and nonviolence.

Cost (includes meals and snacks):
Commuter: $130
Double Occupancy: $325
Single Occupancy: $425

Scholarships available.
Registration required.
All guests will be screened for COVID-19 and required to wear masks when not eating.
Proof of vaccination is required for all overnight guests.

Register at www.webercenter.org; click on Programs
webercenter@adriandominicans.org | 517-266-4000
The Weber Center Shop is now open to all.

HOURS ARE: Wednesday through Friday | 9:00 A.M. - 4:00 P.M.
Saturday | 9:00 A.M. - 3:00 P.M.
Closed for lunch: noon - 12:45 p.m. COVID-19 screening and masks are required.

Place your order by calling 517-266-4035 or emailing webershop@adriandominicans.org.

Prose, Poetry & Potpourri

THURSDAY, APRIL 21, 2022 | 1:30 P.M. - 2:30 P.M.

This event is available in person and online.

Join us as we celebrate National Poetry Month. Julieana Frost, Professor of History at Siena Heights University and author of several books, begins the program by relating her passion for writing, her inspiration for various topics, and reading from her published works.

All participants are welcome to share a poem, reading, song, or tune.

Cost: Free, and refreshments will be served.
Live stream: https://webercenter.org/poetry
Registration not required.
All guests will be screened for COVID-19 and required to wear masks when not eating.